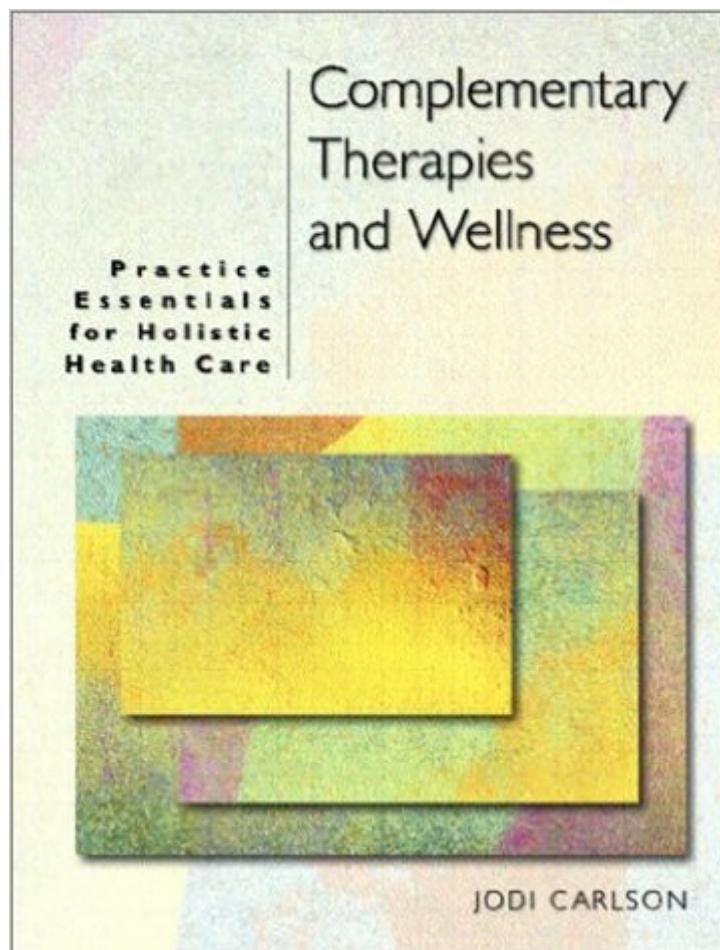


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# Complementary Therapies And Wellness



## Synopsis

This book provides practical information about complementary care and wellness in addition to specific information about many therapeutic approaches that therapists use. Legal Aspects of Practice. Utilization, Reimbursement, Legislative, Fraud and Abuse, and Documentation Issues. Researching Alternative Therapies. Creating and Integrative Clinic. Developing Therapeutic Presence. Introduction to Asian Medical Systems. Introduction to Energy Therapies. Introduction to Manual and Body Based Approaches. Introduction to Mind/Body Therapies. Introduction to Wellness and Health Promotion. Biofeedback. Craniosacral Therapy. The Feldenkrais Method. Imagery. Myofascial Release. Non-Contact Therapeutic Touch. Reflexology. Reiki. Relaxation, Meditation, and Breath. Shiatsu. Structural Integration (Rolfing). Tai Chi. Yoga. Stress Management. Pain Control. Women's Health. AIDS. Smoking Cessation. For anyone interested in Alternative Healing.

## Book Information

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## Customer Reviews

Great book with lots of valuable information. This was much cheaper on than anywhere else I could find it. Highly recommend this book for anyone wanting to get their body healthy without chemicals, additives and preservatives. Arrived promptly, well packaged.

I needed it for a class.

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